

# Trauma-Informed Training Calendar

To register, click on the Training or Coffee Chat you are interested in below!

DATE	TIME (EST)	TOPIC
March 15, 2021	2 - 4pm	Training: <b><u>Basics of Trauma</u></b>
March 17, 2021	2 - 3pm	Coffee Chat: <b><u>Getting Started with Trauma-Informed Practice</u></b>
March 22, 2021	2 - 4pm	Training: <b><u>Trauma-Informed Practices for YDPs</u></b>
March 31, 2021	2 - 3pm	Coffee Chat: <b><u>Staff Development to Support Trauma-Informed Practice</u></b>
April 7, 2021	2 - 4pm	Training: <b><u>Basics of Trauma</u></b>
April 14, 2021	2 - 3pm	Coffee Chat: <b><u>Trauma-Informed Management Practices</u></b>
April 21, 2021	2 - 4pm	Training: <b><u>Trauma-Informed Practices for YDPs</u></b>
April 28, 2021	2 - 3pm	Coffee Chat: <b><u>Equity &amp; Trauma-Informed Practice</u></b>



**BOYS & GIRLS CLUBS  
OF AMERICA**

# Trauma-Informed Training Calendar

**Basics of Trauma:** This course introduces youth development professional to the definition of trauma and how it affects individual thinking and behavior. By completing this session, participants will be able to recognize how youth respond to trauma through their behavior.

Participants will learn about the concept of trauma, the prevalence of trauma within our society, how youth may be experiencing and responding to their trauma within the Club setting, and start to develop an understanding of trauma-informed practice.

**Trauma-Informed Practices for YDPs:** This course introduces Youth Development Professionals to trauma-informed practices to be used in Club settings.

Participants will learn how to identify the principles of trauma-informed practices, develop activities that are trauma-informed for working with youth, and gain an understanding of how to make Club settings more trauma-informed.

**Coffee Chat:** Coffee Chats are Club-centered discussions that offer the opportunity to come together with other Clubs around a specific topic related to trauma-informed practice. These highly-interactive discussions focus on your needs and provide the chance to share insights and ideas, identify opportunities for collaborations, seek solutions and identify actions. Come with your questions and ideas and be ready to discuss.

- **Getting Started with Trauma-Informed Practice:** Are you trying to become a trauma-informed Club and to hear about the work other Clubs are doing simultaneously? This Coffee Chat, we will focus on building foundational knowledge, buy-in (leadership, staff, Board) and strategies for getting started on the path towards becoming trauma-informed.
- **Staff Development to Support Trauma-Informed Practice:** Trauma-informed practice involves ALL staff and requires the commitment to building foundational knowledge and key capacities across your staff team. This Coffee Chat will focus on the infrastructure, opportunities, and specific types professional development for different levels of staff.
- **Trauma-Informed Management Practices:** Want to be more effective in managing from a trauma-informed perspective? This Coffee Chat will highlight supervision, mentorship, and trauma-informed coaching strategies. This will also address boundaries and ethics as well as staff wellness.
- **Equity & Trauma-Informed Practice:** Do you wish to continue integrating equity and trauma-informed practice into your work? This Coffee Chat will be centered on different types of trauma experienced from identities such a race, gender and sexuality, and more. Come and discuss policies, practices and resources that support both equity and trauma-informed work.