



# Youth Behavior Support Plan Template

## Basic Information

Member Name:	Age:
Staff Providing Support:	Date:

## Strengths & Interests

1. What strengths and interests do you bring to the Club?
2. What do others appreciate about you?
3. What makes you happy/laugh?

## Social & Emotional Skills

### Relationship With Self

1. What makes you, you?
2. When do you need support?

### Relationship With Others

1. What makes you a good friend?
2. What helps you make friends?

### Emotional Regulation

1. What helps you feel calm when you are upset?
2. What helps you feel supported?

### Responsible Decision-Making

1. What helps you solve problems?

## Areas for Support

1. What are some things that are challenging for you?
2. What are some things that are scary or unpleasant for you?
3. What can staff do to support you at the Club?

Youth Signature:	Date:
Club/Youth Center Director Signature:	Date: